PETER MANDEL



THE DISC OF THE SIGNS

ESOGETICS
heilkraft der farben

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Many of our therapeutic procedures and their effects are based exclusively on the empirical knowledge of naturopathy. Medical diagnoses and courses of treatment, especially treatment methods and their effects, are highly individual and different. For this reason, a successful treatment cannot be foreseen or guaranteed. As a precautionary measure, we therefore point out that we make this clear in the content we present with the help of the subjunctive. The word "may" therefore indicates, in the sense of an assumption or presumption, a mere possibility, the existence of which is uncertain and can be described as "perhaps" or "possibly". We therefore point out that, with regard to a possible success of treatment and the suitability of a therapy, these terms should not be understood in the sense of a promise of healing.

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INTRODUCTION

First of all I would like to discuss the history of the 12 signs. Prof. Calligaris and later Erich Körbler had both recognized that the skin of the human being provides a surface for all kinds of geometric figures. In addition painting symbols and lines on the skin could trigger deep psychological reactions in people.

Early on this was a clue for me that the subtle body of the
human being reacts in a special way to pictures and symbols that are painted or simply placed on the skin.

Many experiments with mandalas produced reactions inside the individuals, which we were able to categorize. In time I developed my own images (mandalas), which, when applied to specific zones, had a definite effect on the subconscious.

All this eventually led to the development of the therapeutic discs, as they are available today. All discs of Esogetic Medicine have but one goal: they are using the reflex areas of the hologram on the skin to address the internal implicit levels of the human being, in order to trigger reactions. This also applies to the new disc of the 12 signs. It touches the human individuality in a very special way and the results are well above average.

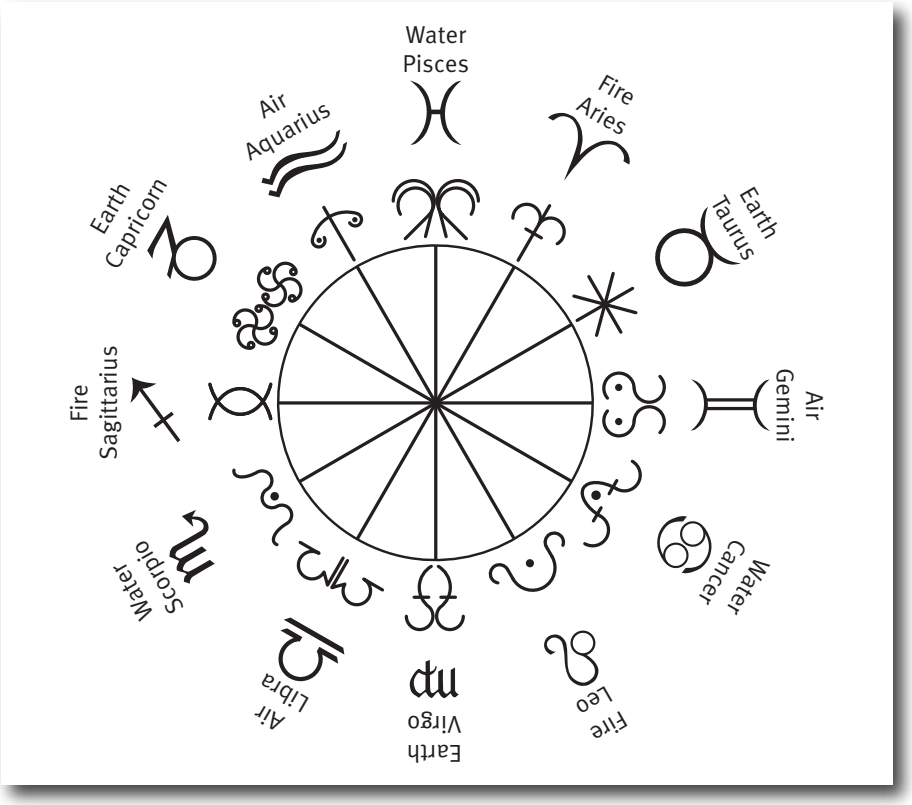
So, by using the traditional signs, which I am interpreting in a new way, for the treatment of sick and healthy people, I am continuing the lineage of the research started by Calligaris, Erich Körbler and many others.

The symbolic signs presented by me have a high attraction to the deep subconscious layers of the human being. These are 12 symbols (12 signs), which relate to the development of the human being in a special manner.

When I am using the image of the 12 signs of the zodiac, it is only an attempt at providing a simple level of explanation. In reality the situation is much more complex.

In the circle of the 12 signs I have assigned the signs of the zodiac to their corresponding symbols. This first assignment already opens up an important space in the life of every human being, because all 12 symbols are present in everybody.

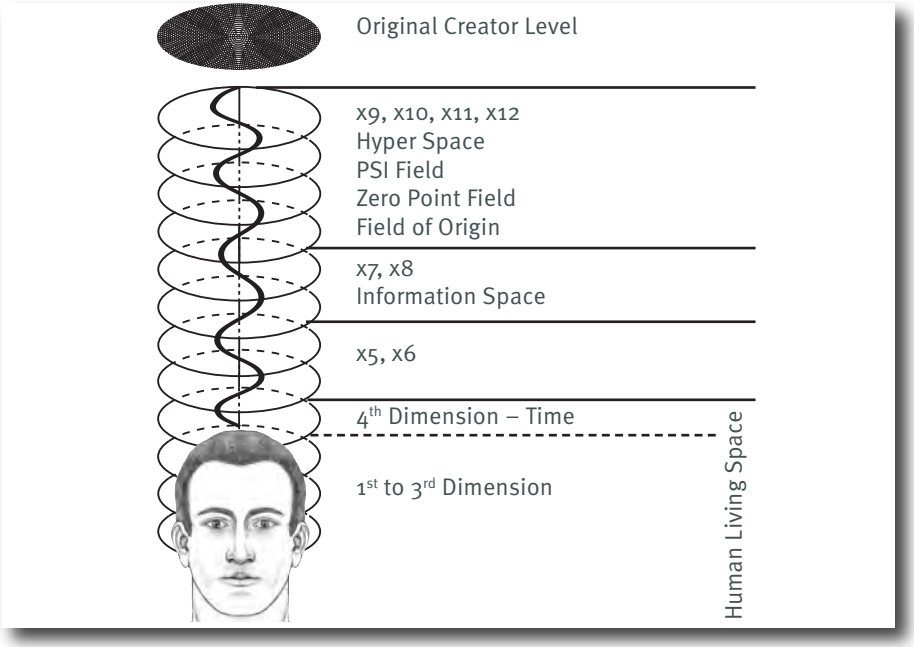
First of all this should be understood as a general statement. Further on in this brochure I shall summarize the possible indications of the applications.



At the same time, however, we need to look at the number 12 in more detail, especially in regard to the findings and the model developed by the physicist Burkhard Heim.

The model of the 12 dimensions, as calculated by Burkhard Heim, has been gaining increasing recognition in scientific circles. As we shall see and experience later, the division into the different spatial areas is quite tangible. Nonetheless we are far away from understanding the mode of transport of supraordinate information into the manifest living areas of our life. Most of the different theories are quite plausible, yet it is difficult to imagine it all. For example, the organizational space as Burkhard Heim calls it, is supposed to directly interact with our three- or four-dimensional space. That one in turn is connected with the information space and also with the background space above it, which is also called the space of the void (vacuum), zero-point-field or hyper-space. Burkhard Heim is calling the last calculated level the "God-space" or "Primordial-Creator-level" and states that for us humans this space is unimaginable.

We as humans and everything else that is alive are connected with these spaces, and we actually are "mirroring" these interacting planes and dimensions. The next figure demonstrates this principle.



BASIC TREATMENT WITH THE DISC OF THE SIGNS

In the past we have developed different discs for specific indications, and they have been used very successfully.

The Disc of the Signs may first be used at the Esogetic pain clock. This deals with a person's ability to react. Every human being vibrates with the entire zodiac (horoscope), however he also carries a specific foundational structure based on the sun sign throughout his life. This is independent of specific criteria such as ascendant, descendant, the position of the Planets or other criteria.

This basic treatment may be tested in every stress or illness.

We are placing the disc of the signs at the center of the forehead (pain clock) for 10 minutes. The sun sign is pointing vertically downwards (direction Yin trang), and its opposite sign is pointing upwards.

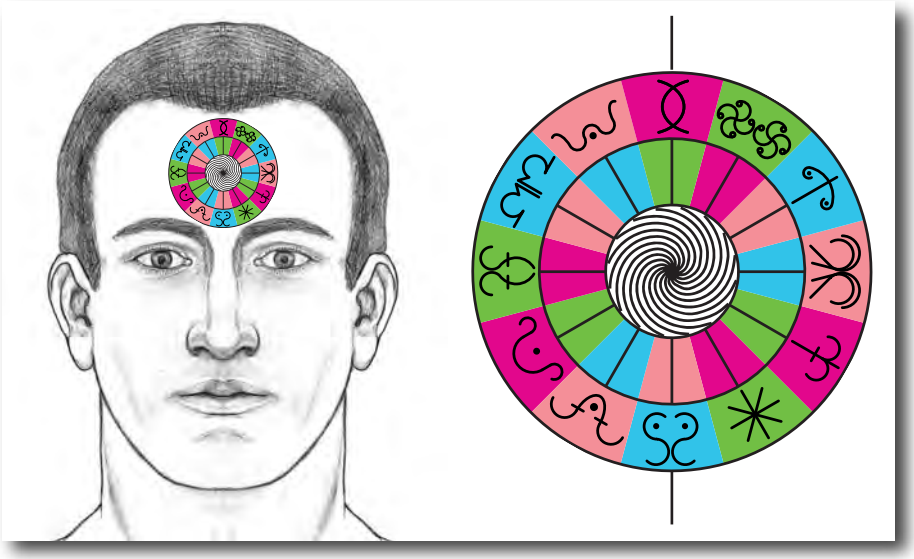
All occurring reactions are registered. In most cases a person's complaints are touched upon. This may be briefly unpleasant, but usually everything resolves by itself and the people report a deep inner peace.

Rarely strong reactions occur, when the disc is applied and the procedure must be interrupted. If that is the case, the disc should be removed briefly from the forehead (30 seconds) and then put back on. Afterwards strong reactions are usually no longer felt.

EXAMPLE

My sun sign is Gemini. Opposite on the disc lies the sign of Sagittarius. In the center of the forehead Gemini is pointing vertically down and Sagittarius vertically up. The duration of application is 10 minutes.

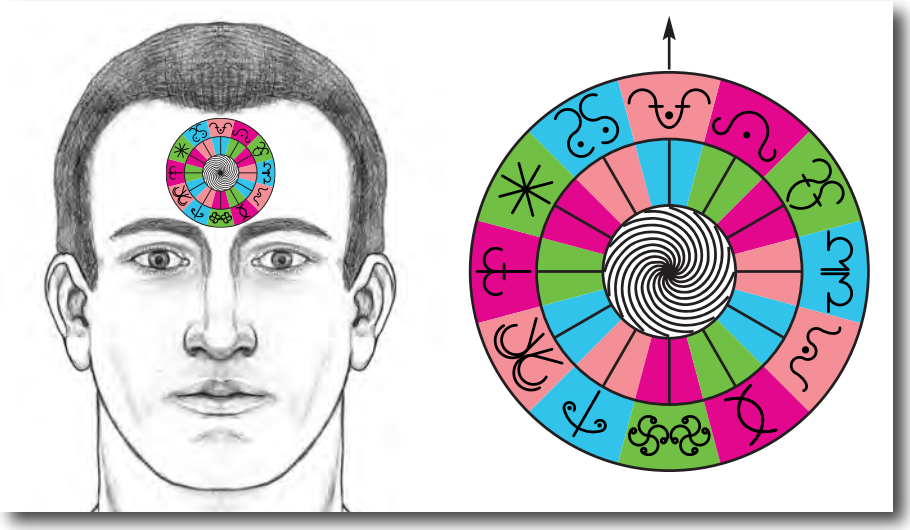
This basic treatment may be applied daily in the morning and in the evening. That contributes to an improvement of any stress. We have also been observing that prescribed therapies are more effective, and that the patient is recovering more quickly.



SPECIFIC APPLICATION OF THE DISC OF THE SIGNS – ASSIGNMENT TO THE DISEASE PRINCIPLES

Another possibility is to examine the patient's symptoms according to the disease principles and to place the disc with the related sign oriented upwards. A list of the assignments according to the disease principles can be found starting on page 13 ff.

EXAMPLE



For example, there are complaints in the stomach area. The stomach is assigned to cancer (see page 14).

Now the disc of the signs is placed on the center of the forehead for 10 minutes, with the cancer symbol directed upwards.

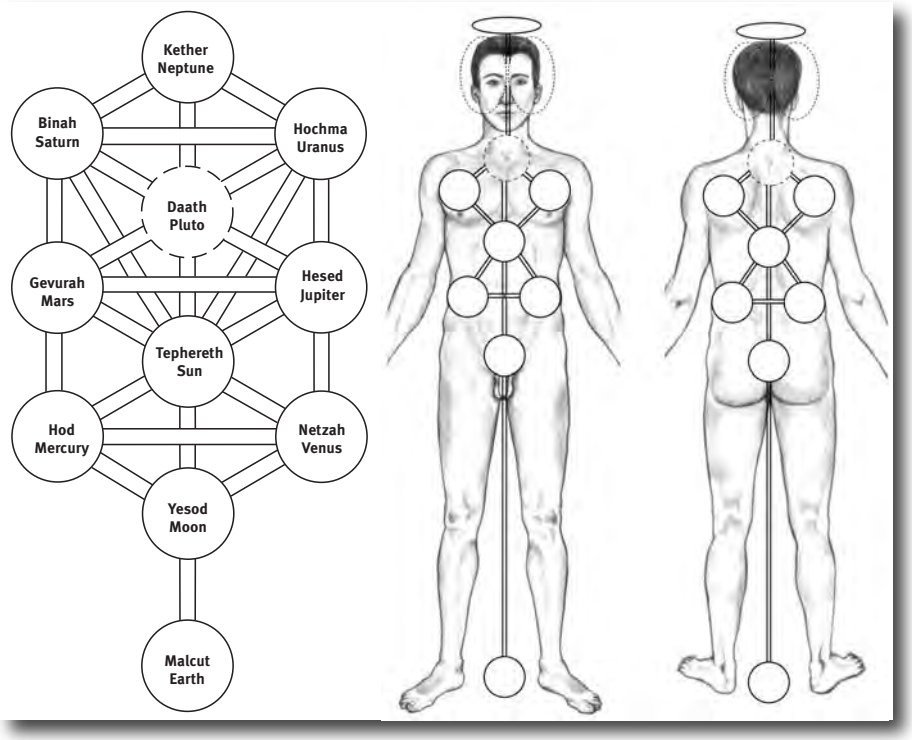
This specific application may be used daily alternating with the basic treatment.

Now, before we discuss the assignments to the Tree of Life and the indications of the 12 symbols, I would like to give you a brief introduction about the Tree of Life.

TREATMENT OF THE PAIN CLOCK IN COMBINATION WITH THE TREE OF LIFE

In my mind, the Tree of Life refers to the light coming from outside, which can also be understood as supraordinate information. The transformation of the light refers in particular to the "Tree of Life" (Sephiroth) of the Hebrew Quabbalah, where it is called "Ain Soph Aur", generally translated as "the infinite light". Yet this symbol is much older than the Jewish Quabbalah. The Tree of Life has been drawn on the pillars of the temple in Karnak, and the age of these drawings has been estimated at about 10,000 years. For years I have been using all available therapeutic media to treat the positions of the Tree of Life as I could define them. There are 10 + 1 reflectors, which are connected with each other via 22 paths. Within these reflex fields, which are called "Sephiras", I have been able to outline many indications during the last decades. Symbolically this also resulted from the archetypal assignment of the classic Planets, as they are assigned to the Sephiras. They have very specific indications, which we have been able to add to and expand on over the course of time.

I am also calling the Sephiras the lights of the tree. That implies that these positions on the skin are filled with light information. As you can see, the tree of life is positioned on the body twice. In the back I call this the "shadow of the sephiras". The idea is that irregularities in the interaction of the sephiras in the front are causing specific responses in the sephiras in the shadow (back).

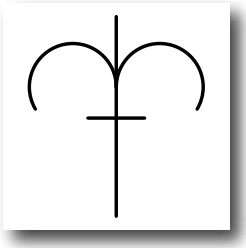


We could assume that with the manifold stresses and diseases of the spine the information transfer from the "light" sephiras to the shadow ones is no longer possible. We should also keep the spinal imbalances and their effects on the organs in mind.

Generally speaking and in regard to the Tree of Life, we are presently assigning the Disc of Signs to the Sephiras. The Planetary symbols that are occupying each sephira have defined indications. In that sense the zones that are forming on the skin are reflectors that can react both positively and negatively.

In the following I would like to talk in detail about all 12 signs and the associated locations of application in the tree of life (Sephiroth tree) and describe their corresponding basic imbalances/indications. The traditional indications of the disease principles and their assignment to the zodiacal signs play a special role.

1. SIGN ARIES – PLANET MARS – ELEMENT FIRE

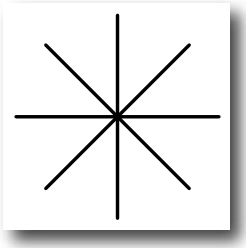


Physical correspondences:
Brain, head, eyes, ears, mouth, teeth, sexuality, physical substance.

Psychological correspondences:
The ego-self, aggressiveness, will, spontaneity, directness.

The place of application in the Tree of Life is the Sephira Gevurah.

2. SIGN TAURUS – PLANET VENUS – ELEMENT EARTH

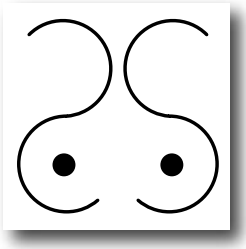


Physical correspondences:
Smell, tonsils, neck/shoulders, sense of taste, throat, larynx, glands, mouth.

Psychological correspondences:
Sensuality, devouring, rootedness, boundary setting, possession, melancholic.

The place of application in the Tree of Life is the Sephira Netzah.

3. SIGN GEMINI – PLANET MERCURY – ELEMENT AIR

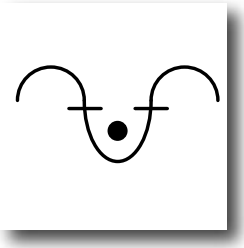


Physical correspondences:
Lungs, bronchi, inhaling and exhaling, arms, hands, autonomic motor nervous system.

Psychological correspondences:
Physical and mental ‘grasping’, communicating, performing, representing, mediating, unsteady, without a point of view, dependent, restless.

The place of application in the tree of life is the Sephira Hod.

4. SIGN CANCER – PLANET MOON – ELEMENT WATER

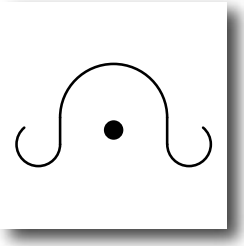


Physical correspondences:
Limbic system, pituitary gland, hypothalamus, mammary glands, female breast as a whole, stomach and duodenum, blood serum, lymph, cerebellum, all mucous membranes.

Psychological correspondences:
Romance, sympathy, compassion, security, receptivity, but also sensitivity, impulsiveness, lack of will, quarrelsomeness, know-it-all attitude.

The place of application in the Tree of Life is the Sephira Yesod.

5. SIGN LEO – PLANET SUN – ELEMENT FIRE

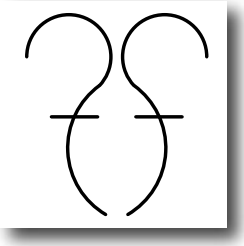


Physical correspondences:
Heart, circulation, eyes, cerebrum, blood, life force.

Psychological correspondences:
Charisma, expression, creativity in the outer world, self-confidence, mania, extravagance.

The place of application in the Tree of Life is the Sephira Tephereth.

6. SIGN VIRGO – PLANET MERCURY – ELEMENT EARTH

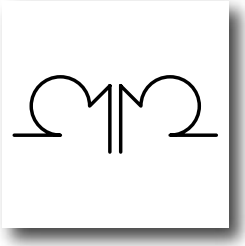


Physical correspondences:
Large intestine, small intestine, digestion in general, spleen, peritoneum.

Psychological correspondences:
Cautious, analytical, critical, selective, extremely intellectual and thus often having extreme problems with emotions, non-specific fears.

The place of application in the Tree of Life is the Sephira Hod.

7. SIGN LIBRA – PLANET VENUS – ELEMENT AIR

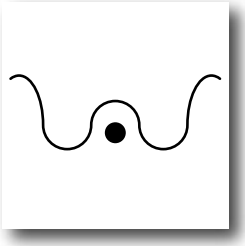


Physical correspondences:
Kidneys, bladder, ureters, lumbar spine and its surroundings, acid-base balance, blood purification.

Psychological correspondences:
Desire for love, give-and-take, often particularly egocentered, sensitive reaction to physical-mental imbalance, longs for balance and mental equilibrium.

The place of application in the Tree of Life is the Sephira Netzah.

8. SIGN SCORPIO – PLANET PLUTO – ELEMENT WATER

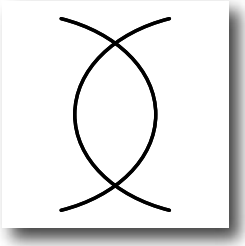


Physical correspondences:
Excretory organs, bladder, rectum, anus, genitals, penis/vagina, uterus, genital tract as a whole.

Psychological correspondences:
The subconscious spiritual-creative realm, abandonment, loss, death, and corresponding fears, the subconscious.

The place of application in the Tree of Life is the Sephira Daath.

9. SIGN SAGITTARIUS – PLANET JUPITER – ELEMENT FIRE

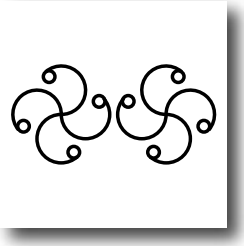


Physical correspondences:
Hip, lumbar spine, thigh, nutritional function in regard to metabolism, liver-gallbladder, blood.

Psychological correspondences:
Horizon, faith, goal orientation, insight, but also intemperance, grandiosity, sloth, gluttony.

The place of application in the Tree of Life is the Sephira Hesed.

10. SIGN CAPRICORN – PLANET SATURN – ELEMENT EARTH

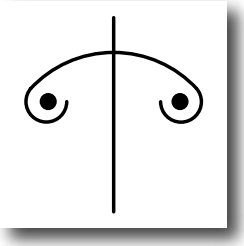


Physical correspondences:
Skeleton, knees, posture, musculoskeletal system in general, tibia, skin, white blood cells.

Psychological correspondences:
Authoritarian, stubborn, outgoing, conscientiousness, perseverance, reserved, cautious.

The place of application in the tree of life is the Sephira Binah.

11. SIGN AQUARIUS – PLANET URANUS – ELEMENT AIR

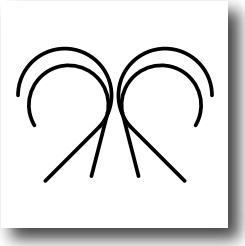


Physical correspondences:
Calves (symbol of existence), tibia, fibula, ankle joint, malleoli, heel.

Psychological correspondences:
Idealism, agility, humanism, intemperance, unreliability, volatility.

The place of application in the Tree of Life is the Sephira Hochma.

12. SIGN PISCES – PLANET NEPTUNE – ELEMENT WATER



Physical correspondences:
Pineal gland, solar plexus, foot and toe joints, subconscious mind.

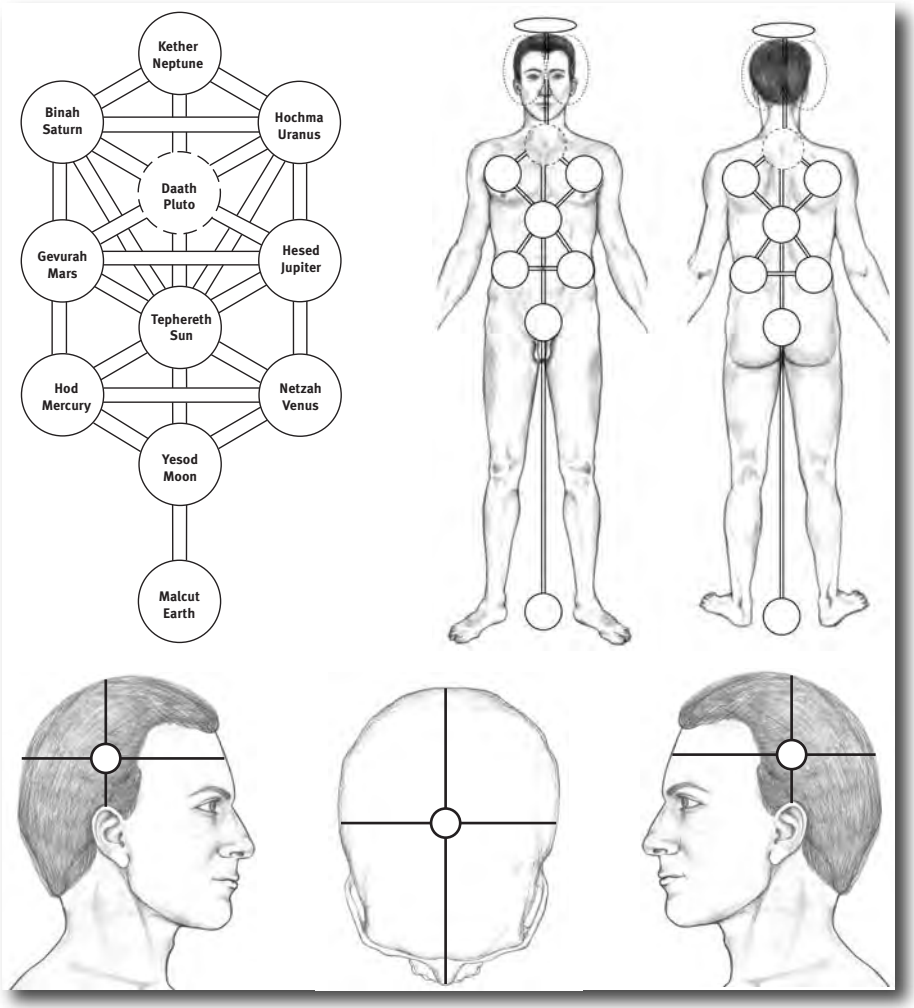
Psychological correspondences:
Spiritualität, Mystik, Individualität, Intuition, musisSpirituality, mysticism, individuality, intuition, musical inclination, paranormal predispositions.

The place of application in the Tree of Life is the Sephira Kether.

This is how you can assign any complaint of a person.

APPLICATION OF THE DISC OF THE SIGNS IN THE TREE OF LIFE – SEPHIROTH-TREE

Now, in regard to the reported complaints, one can include the respective Sephira of the Tree of Life in the treatment. One must note, however, that the tree is positioned in the front as well as in the back of the body.



1. **Kether** is located in the center of the top of the skull. The orientation of the disc (12 o'clock) is towards the back.

   The shadow of Kether is Malcut in the middle of the soles of the feet.

2. **Hochma** is located at the intersection of two lines, a horizontal through the center of the forehead and a vertical from the tip of the ear to the center of the skull on the left side of the head.

   The shadow of Hochma is Binah.

3. **Binah** is on the intersection of two lines, a horizontal through the center of the forehead and a vertical from the tip of the ear to the center of the skull on the right side of the head.

   The shadow of Binah is Hochma.

4. **Hesed** is located on the left at the level of the axillary fold and the intersection with a line from the center of the shoulder.

   The shadow area of Hesed is exactly opposite the front on the left side at the level of the axillary fold and the intersection with a line from the center of the shoulder.

5. **Gevurah** is found on the right side at the level of the axillary fold and the intersection with a line from the center of the shoulder

   The shadow area of Gevurah, lies in the back exactly opposite at the level of the axillary fold and the intersection with a line from the center of the shoulder.

6. **Tephereth** is located three fingerwidths (FW) below the tip of the sternum (center).

   The shadow area of Tephereth is exactly opposite on the spine.

7. **Netzah** is found at the level of the navel on the left at the intersection with a line from the center of the shoulder.

   The shadow area of Netzah is exactly opposite in the back at the level of a line around extending around from the navel on the left side and the intersection with a line from the middle of the shoulder.

8. **Hod** is located at the level of the navel on the right at the intersection with a line from the center of the shoulder.

   The shadow area of Hod lies in the back exactly opposite.

9. **Yesod** is found three fingerwidths above the pubic bone (midpoint).

   The shadow area of Yesod is on the sacrum 3 FW above the beginning of the anal fold.

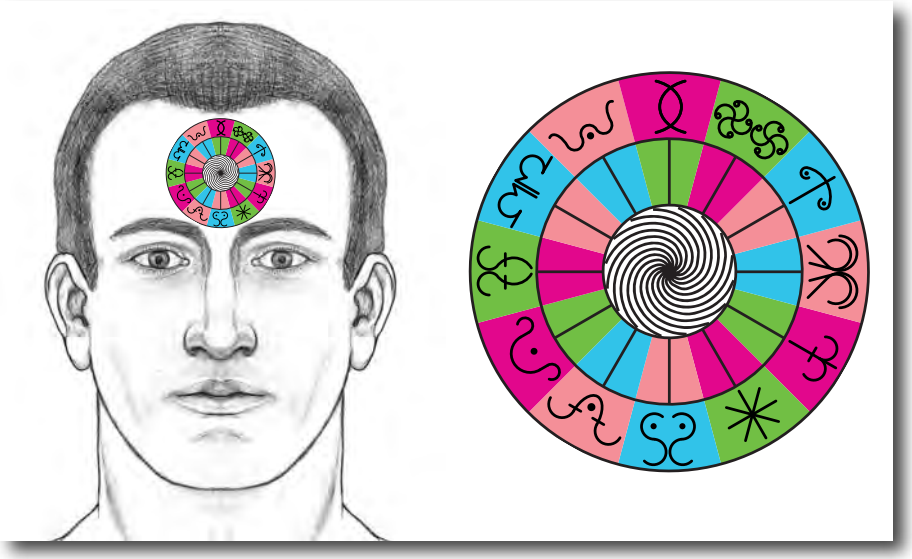
10. **Malcut** is found in the middle of the sole of each foot.

    The shadow of Malcut is Kether

11. **Daath** is located three FW below the beginning of the sternum (midpoint).

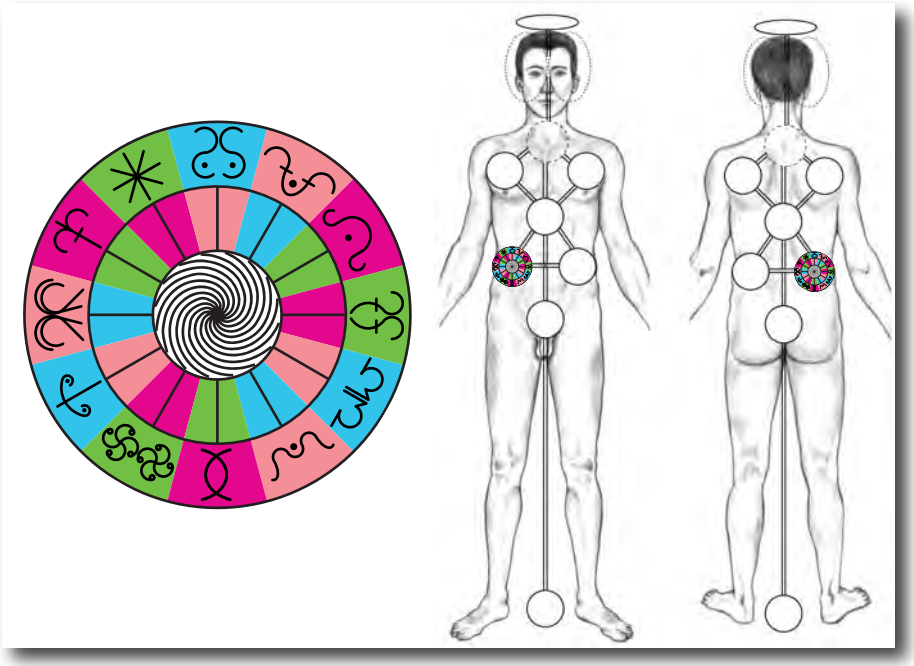
    The midpoint of the shadow of Daath is found in the back 3 FW downward from C6 and C7 (prominence)

TREATMENT SEQUENCE 1 – PLACEMENT OF ONE'S OWN SIGN ON THE FOREHEAD AND IN THE TREE OF LIFE



At the beginning your own sun sign, in my case Gemini, is placed in the center of the forehead. The sign Gemini points vertically down. The duration of application is 10 minutes.

Then the Disc of the Signs is placed at the center of the assigned Sephira. In my case, as a Gemini-born person, the assigned position is the Sephira Hod. The sign of the Gemini is aligned upwards, first in the front and then in the back. The duration of application is 5 minutes.



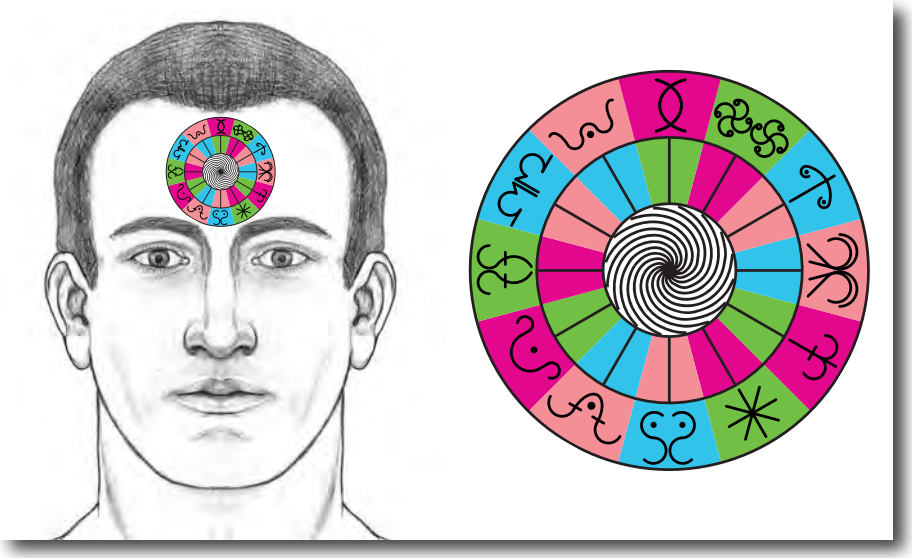
If there are reactions, the Disc is turned around and the Gemini marker is pointing down.

TREATMENT SEQUENCE 2 – PLACING THE SIGN ON THE FOREHEAD AND IN THE TREE OF LIFE ACCORDING TO THE RESPECTIVE COMPLAINTS

A second possibility is to transfer the complaint on the Tree of Life, after the sign and the assigned Sephira have been established.

In this way any complaint finds a correlation.

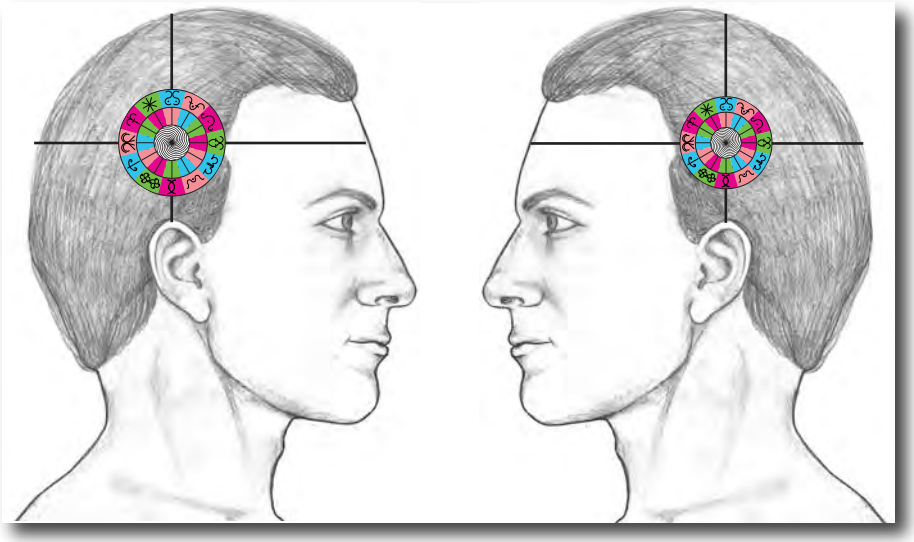
Below is an example: Treatment sequence using rheumatic complaints =



Capricorn = Binah

At the beginning, one's own sun sign, in my case Gemini, is placed in the middle of the forehead. The sign of Gemini is placed pointing vertically down. The duration of application is 10 minutes.

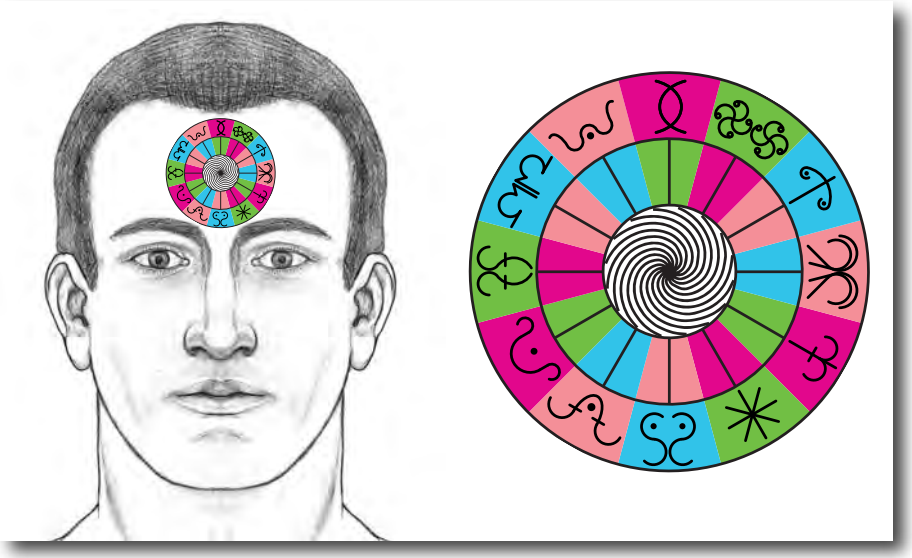
Then the Disc of the Signs is placed over the center of the assigned Sephira. In this example it is Capricorn = Binah. It is important that one's own sun sign, Gemini for me, is positioned pointing upwards in the Sephira Binah. Afterwards the shadow of Binah = Hochma is treated. Again the native's sun sign, Gemini in my case, points upwards in the Sephira Hochma. The duration



If it comes to reactions, the Disc is turned and Gemini would be pointing downwards.

ANOTHER EXAMPLE

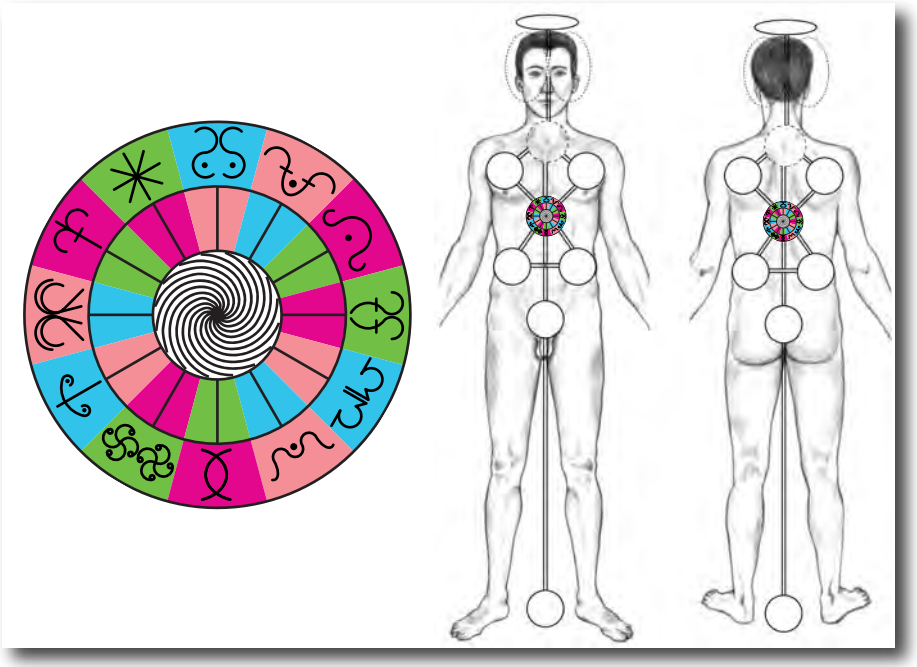
If vitality decreases, and perhaps cardiovascular problems become prominent or the spine shows strong imbalances, then it is worthwhile to treat the Sephira Tephereth.



At the beginning of the treatment the sun sign, Gemini in this example, is placed in the middle of the forehead, pointing vertically downwards. The period of application lasts 10 minutes.

Then the Disc of the Signs is placed for 5 minutes at the center of the assigned Sephira. In this example it is Leo = Tephereth. It is important that the personal sun sign, Gemini, is positioned upwards in the Sephira Tephereth.

Afterwards the shadow of Tephereth is treated as well. In the shadow of the Sephira Tephereth the Gemini would also be positioned upwards. The duration of application is 5 minutes.



If it comes to reactions, the Disc is turned around, Gemini pointing downwards.

THE DISC OF THE SIGNS AND THE CONNECTION TO THE ELEMENTS

I have already assigned the 5 elements during our discussion of the indications of the signs (see page 13 ff.).

In Esogetic Medicine we have assigned the elements on the body as supraordinate reflex areas. For the Disc of the Signs they can be used quite well.

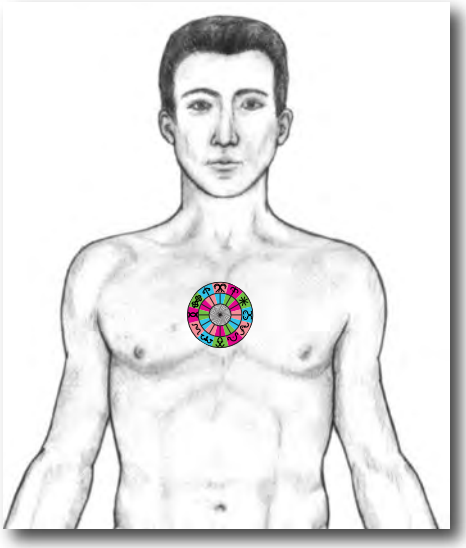
Here is the summary of the assignment of the signs to the elements.

Fire = Aries – Leo – Sagittarius
Earth = Taurus – Virgo – Capricorn
Air = Gemini – Libra – Aquarius
Water = Cancer – Scorpio – Pisces

The 5th element Ether is located on the body at the Sephira Tephereth in the Tree of Life. Here we have assigned the Leo sign (fire element) as well.

Let me give you a summary of the elements, how they have been handed down traditionally, and how I have assigned them over the course of the years.

THE ELEMENT FIRE (CV 17/18 – CENTER OF THE BREASTBONE)



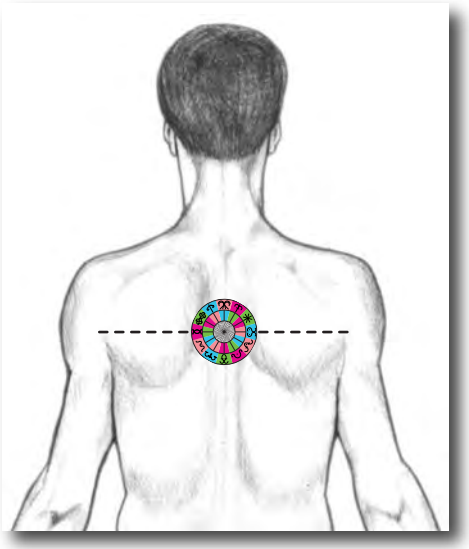
The first element stands for the masculine aspect, for power, anger, rage, a psychological and physical readiness to fight – but also for love as the "fire of the heart", enthusiasm, feelings that we express towards the outside, knowledge and insight. Amplified are the following psychological aspects: Self-assertion, readiness for conflict, recognition, success, sovereignty, leadership, openness towards the world, justice, nobility.

Symbolically fire burns at the center of the heart. From the chakra point of view the heart was once positioned in the center of our chest.

Its symbol is "the rose", which appears at the intersection of the beams of the cross.

Thus in ancient times it was said that our heart was pulsating in the center of our chest and that its symbol was the red rose, symbolizing "the fire of the heart". One spoke of "the fire of love" or of "the fire of enthusiasm", when one expressed active feelings outwardly.

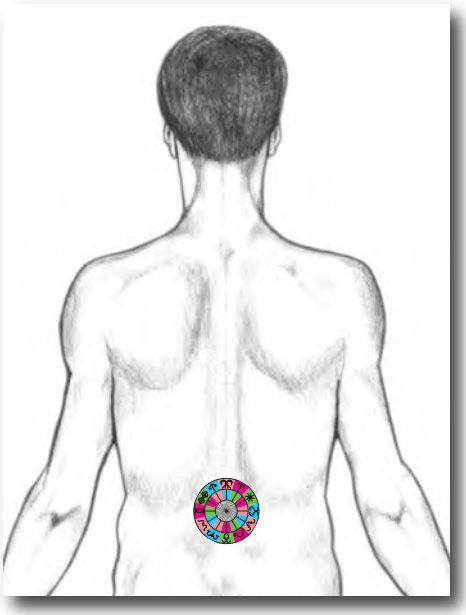
THE ELEMENT EARTH (SATURN POINT – AT THE LEVEL OF THE AXILLARY FOLDS ON THE SPINE)



The Earth unites all four elements in itself – slow, patient and persistent. To the Element Earth we assign the striving for inner harmony: respect, thoroughness, the need for security and constancy. In contrast we have the "other" side: Inner hardness, clinging to things and people, "not being able to let go". Amplified are the following psychological aspects: Sensuality, patience, perseverance, follow-through in actions, reliability, determination, sense of duty, emotional need for security, sobriety.

The element earth is created from fire, water and air. Gaia, a living organism, perfect in its the spherical shape, which we can recognize from space. The guardians of the Earth are its creators. Fire inside, water on the surface and the air envelope of the planet.

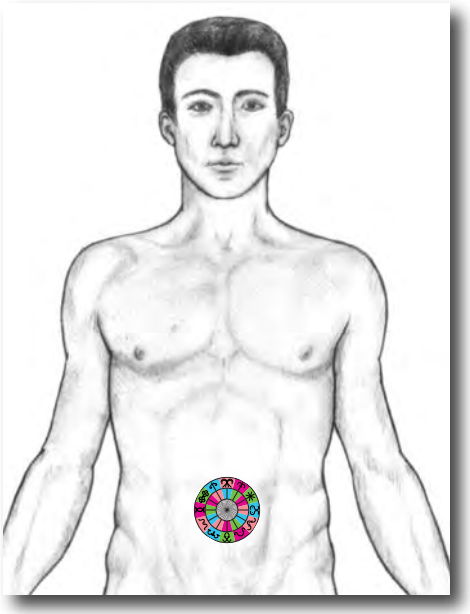
THE ELEMENT AIR (OPPOSITE OF THE NAVEL)



The element air, like no other element, connects our inner and outer world with the divine. Its essence consists of movement and freedom, versatility, art and aesthetics. Opposed to this are superficiality, inner turmoil, permanent stress and restlessness. Reinforced are the following psychological aspects: Joy of communication, thirst for knowledge, peacefulness, development of individuality, creativity, independence.

At our birth the envelope that has been surrounding us, the amniotic sac, bursts. We are expelled from the water, in order to get in touch with the element air through our first breath. The air element connects the outside with the inside. Breathing is not only the exchange of external and internal gases, but is also the prerequisite for life. Symbolically, God gives Adam his "breath" and thus gives him life. Therefore breathing in and out connects us with the divine. The soul of man is associated with the air element. Wind, breath, ether, psyche were the terms in ancient times, when one attempted to describe the construct of the soul. The Indian honorary title "Mahatma" means as much as "great soul" or "great breath".

THE ELEMENT WATER (ABOVE THE NAVEL)



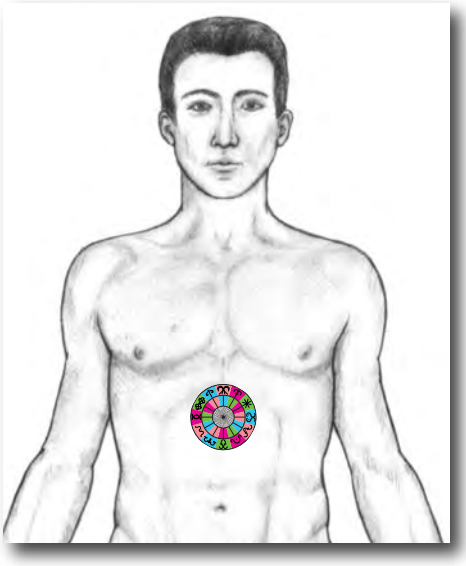
The fourth element is associated with the maternal-feminine principle. It symbolizes the flow of our impulses, security, inner forces and the search for spirituality.

On the other hand, it stands for repressed intuition, unlived creativity. It reinforces the following psychological aspects: Sensitivity and depth of feeling, inner calm, healing and suggestive power, psychic help, self-realization.

New life begins in the water, therefore this element symbolizes the maternal-feminine principle.

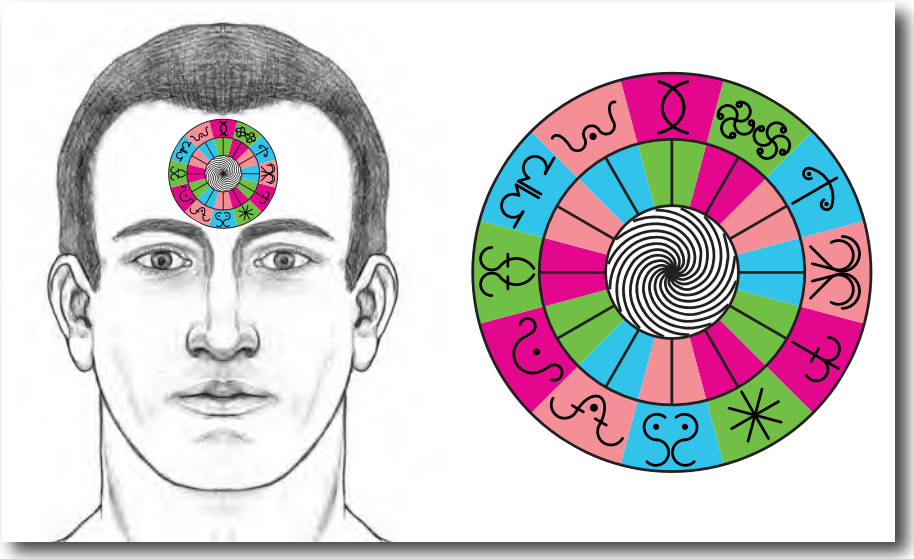
Water symbolizes the flow of our emotions, as well as the ability to adapt; it is extremely docile and is content with any form. All the deep feelings, which a human being is capable of, arise from the element of water.

THE ELEMENT ETHER (3 FW BELOW THE TIP OF THE BREASTBONE)



Ether is the fifth element. From this element the four others are said to have developed. In Ayurveda Ether is called Akasha, which means emptiness or space. Ether is the source of all matter and it is the space itself, in which this element exists. The fifth element is seen as the bridge between the individual and the universal self. The qualities of Ether are emptiness, freedom and being itself. Modern quantum physics reports that the dimension in which we live and the entire amount of matter consist of almost 100% dark matter and that there is no empty space. This space is supposed to exist between the electron and the atom and consists of an infinite number of particles. These are then connected with each other on the deepest level. According to Rupert Sheldrake this space is called the “morphogenetic field”, as a cosmic power, and it is also called the home of the collective consciousness. Since we and everything else that lives are divine beings, the 5th element Ether refers to the core of our being. This core of our being I have assigned to the solar plexus. It can be found on the body at the Sephira Tephereth in the Tree of Life.

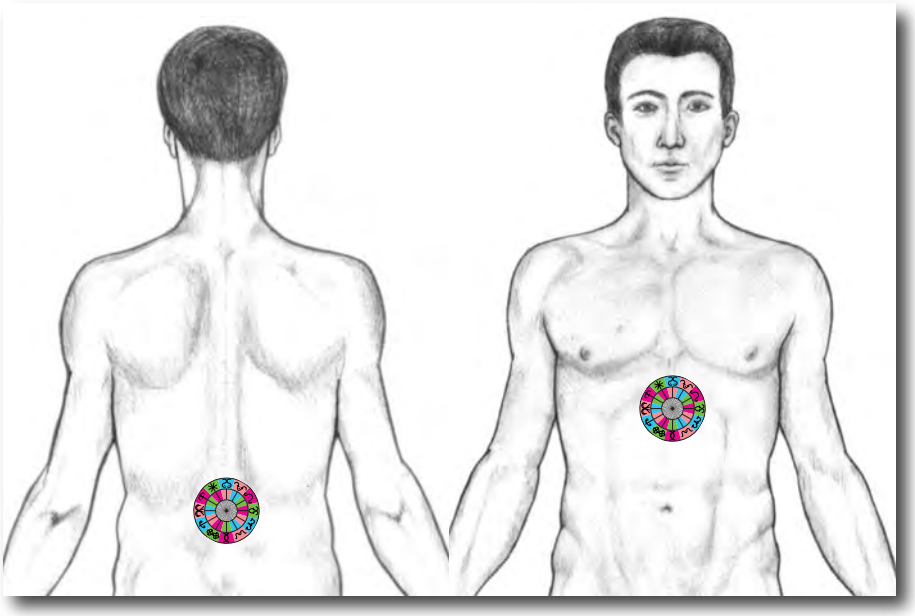
TREATMENT SEQUENCE USING THE EXAMPLE OF GEMINI = ELEMENT AIR



At the beginning the native's sun sign, in my case Gemini, is placed in the middle of the forehead. The sign of Gemini points vertically downwards. The duration of application is 10 minutes.

Then the Disc of the Signs is placed at the center of the assigned element. In this example it is Gemini = Air. It is important that the native sun sign, Gemini, points upwards.

Afterwards the Ether is treated. Again the sun sign,Gemini , lies upwards. The duration of application is 5 minutes each.



Element Air
opposite navel

Element Ether
3 FW below the tip of the breastbone

When reactions occur, turn the Disc around so that Gemini points downwards.

SUMMARY OF THE TREATMENT COMBINATIONS

1. Basic treatment of the Pain Clock with the Disc of the Signs
Always start with the Disc of the Signs in the center of the pain clock on the forehead. The Disc is applied for 10 minutes in the morning and in the evening.

Here your own sun sign is oriented downwards.

2. Specific Application of the Disc of the Signs: Assignments to the Disease Principles

3. Treatment of the Pain Clock in combination with the Tree of Life

3.1 Treatment of your personal Sun Sign
One starts with the treatment of the pain clock (see point 1). The next step is to select the assignment of one's own sign to the Tree of Life. Here the Disc is centered with your own sign pointing upwards. First place it in the front and then in the back – the shadow – for 5 minutes in each respective position.

In case of reactions during the application, whether in the front or in the back, one turns the Disc so that one's own sun sign is at the bottom.

3.2 Treatment of a Complaint in the Tree of Life
One begins with the treatment of the pain clock (see points 1). The next step is to choose the assignment of the complaint and find the Sephira. Then the Disc is centered with the person’s own sign pointing upwards. First in the front and then in the back (shadow) for 5 minutes in each position.

In case of reactions during the application, whether in the front or the back, the Disc is turned so that one's own sign is on the bottom.

4. Combination of the Treatment in the Tree of Life (3.1. and 3.2.) with the Elements

After the treatment on the forehead and in the Tree of Life, the position of one's own Element on the body may be applied as the next step.

The Disc is positioned for 5 minutes with one's own sign aligned upwards, and only in case of reactions is it turned to the opposite sign.

Finally, the Disc is placed for 5 minutes on the element Ether in the center of the Sephira Tephereth. As before one's own sign is aligned at the top and only in case of reactions, the opposite sign is used.

In days of health it is sufficient to perform the positions on the forehead 1 – 2 times a day.

Now I wish you much joy in using the Disc of Signs.

Sincerely yours



Peter Mandel

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