Editor:
Internationales Mandel-Institut
für Esogetische Medizin,
Bruchsal

ESOGETIC COLORPUNCTURE

The Induction Therapy

San Bao - Instituut voor Kleurt-Licht therapie en cursussen
Eeuwfeeststraat 2 - 3400 Ezemaal (België)
tel: 0032 (0) 491 33 71 71
info@sanbao.be www.sanbao.be

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The greatest care has been taken in the composition of this document with regard to the accuracy of the information contained herein.

Many of our therapeutic procedures and their effects are based exclusively on the empirical knowledge of naturopathy. Medical diagnoses and courses of treatment, especially treatment methods and their effects, are highly individual and different. For this reason, a successful treatment cannot be foreseen or guaranteed. As a precautionary measure, we therefore point out that we make this clear in the content we present with the help of the subjunctive. The word "may" therefore indicates, in the sense of an assumption or presumption, a mere possibility, the existence of which is uncertain and can be described as "perhaps" or "possibly". We therefore point out that, with regard to a possible success of treatment and the suitability of a therapy, these terms should not be understood in the sense of a promise of healing.

Please always keep in mind that certain diseases and strains are less or not suitable for self-treatment. We would like to expressly point out that before self-treatment with our products, especially in the home environment, it is advisable to consult your doctor or alternative practitioner. The author and publisher of this brochure are in no way liable for damages or consequences arising from the use of this brochure.

Informations about seminars, trainings and products:

esogetics GmbH
Hildastraße 8 • D-76646 Bruchsal
Tel. +49 (0) 7251 8001-0 • Fax +49 (0) 7251 8001-55 info-de@esogetics.com

esogetics GmbH – Niederlassung Schweiz
Hirschmattstrasse 16 • CH-6003 Luzern
Tel. +41 (0) 41 420 58 36 • Fax +41 (0) 41 420 59 36 info-ch@esogetics.com
www.esogetics.com

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THE INDUCTION THERAPY

Life is rhythm. Ceaselessly we are subjected to the rhythms of day and night, the change of the seasons, of relaxation and alertness and even the alternating rhythms of our brain waves. It certainly is not a secret any longer that every impulse occurring inside or outside of our body has to be processed by our consciousness in one way or another. Therefore it is only reasonable to assume that health and disease are accompanied by a shift of the natural rhythms of the brain. Meanwhile the development of treating with the natural rhythms of the brain has been around for over 35 years. It is based on the intention to induce the natural rhythms of the brain in human beings. Over time Peter Mandel has created extensive and defined programs for support in states of malaise or outright disease.

The premise of the induction therapy is that every disease process, as well as every healing process, is initiated through an impulse from the brain, which encourages the body towards self-regulation.

If there is no clear or harmonious impulse, a rigid or distorted vibrational pattern is established. The “conductor”, the programs of the induction therapy, mirrors to the brain its own harmonious rhythms and thus allows the reconnection to the original, correct vibrational behavior. Carefully the brain is guided to vibrate in its natural rhythm, and to perform the change among four clearly differentiated frequency ranges Beta, Alpha, Theta and Delta in an appropriate situational context. The range between 100 Hertz (Gamma) and 0.5 Hertz (Delta) sets the stage for our conscious and subconscious parts of life.

By presenting a variety of programs, we would like to acquaint you with the connection the different programs have with each other.

It is important to take preventive charge in the days of health, when there are no malaises, minor complaints or diseases in the vicinity.

Here is a selection of different complaints with five fixed program proposals for each.



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STRESS AND RELAXATION

1. POWERNAP: 2 - 3 X PER WEEK

This program takes 15 minutes and is applied at the wrists. It softens or resolves the daily stress and should perhaps be applied during lunch time.

2. PROGRAM REST 1: 1 X PER WEEK

It takes 30 minutes and is used to get deeply rested; also applicable for exhaustion, fatigue and sluggishness. May be used in alternation with Program Rest 2.

3. PROGRAM REST 2: 1 X PER WEEK

Again it is about inner quiet and resolution of existing stress, even if it has been around for a long time and is independent from the daily situation.

4. PROGRAM STRESSIMMUNE: 1 X PER WEEK

Any stress, especially if it does not stop, taxes the immune system. This regulates and strengthens the immune system. Especially in today's climate the tonification of the immune system is important for everybody.

5. PROGRAM STRESSBASIC: 1 X PER WEEK

This program is ideal for psychological tension and repeated states of excitement and internal aggression.

In the case of migraines and headaches the StressBasic can be substituted with the Program StressSpasm.



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INSOMNIA:

We have to distinguish between difficulties falling asleep and staying asleep.

1. PROGRAM SLEEP 1: 1 - 2 PER WEEK

Support for falling asleep and staying asleep.

2. PROGRAM SLEEP 2: 1 - 2 X PER WEEK

This one regulates the rhythm of the sleep. Without the proper rhythm a regeneration is not possible in the night.

3. PROGRAM DREAM: 1 X PER WEEK

The Program Dream addresses in particular the recurring phases during the sleep. The transition from deep sleep (non-REM) to dreaming (REM) is regulated in a very specific manner.

4. POWERNAP: 1 - 2 X PER WEEK

This program takes 15 minutes and is applied at the wrists. It softens or resolves the daily stress and should perhaps be applied during lunch time.

5. PROGRAM STRESSIMMUNE: 1 X PER WEEK

Any stress, especially if it does not stop, taxes the immune system. This regulates and strengthens the immune system. Especially in today's climate the tonification of the immune system is important for everybody



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COMBINATION FOR CHILDREN (AFTER AGE 9), DIFFICULTIES LEARNING AND CONCENTRATING, RELIEF OF STRESS AND TENSION

1. PROGRAM LEARNING: 2 - 3 X PER WEEK

The learning program is very important for the present inability to concentrate, which is not only found in children. The Program Memory should be used alternately.

2. MEMORY: 1 X PER WEEK

Increase of intellectual abilities, stimulation of creativity, activation of long- and short-term memory.

3. PROGRAM REST 1: 1 X PER WEEK

It takes 30 minutes and is used to get deeply rested; also applicable for exhaustion, fatigue and sluggishness. May be used in alternation with Program Rest 2.

4. PROGRAM REST 2: 1 X PER WEEK

Again it is about inner quiet and resolution of existing stress, even if it has been around for a long time and is independent from the daily situation.

5. POWERNAP: 2 - 3 X PER WEEK

This program takes 15 minutes and is applied at the wrists. It softens or resolves the daily stress and should perhaps be applied during lunch time.

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CEREBRAL/ MENTAL PROGRAMS

Here there are several options, and we are on one hand differentiating between manifest complaints like for instance cerebral degenerative processes or states after accidents that go along with cerebral dysfunctions. On the other hand we are looking at the multitude of experiences, traumata and conflicts, which a person has encountered in the past, especially in childhood usually. This is based on the most recent scientific research in the fields of neurology, neurobiology and neuropsychiatry.

GENERAL AND ALSO CEREBRAL DEGENERATIVE PROCESSES

1. CEREBRAL TRAINING: 2 X PER WEEK

Activation of cerebral function, increase of alertness, helpful in the early stages of dementia and/or disturbances in cerebral circulation.

2. MEMORY: 1 X PER WEEK

Increase of intellectual abilities, stimulation of creativity, activation of long- and short-term memory.

3. AWAKENING: 1 X PER WEEK

Exhaustion, reconvalescence, permanent fatigue, complaints of the elderly.

4. PROGRAM STRESSIMMUNE: 1X PER WEEK

Any stress, especially if it does not stop, taxes the immune system. This regulates and strengthens the immune system. Especially in today's climate the tonification of the immune system is important for everybody. We have been observing that especially in the elderly this program should be used time and again. program

5. PROGRAM MEDITATION: 2 X PER WEEK

Given these previously mentioned indications, it seems important to utilize the Program Meditation here and there. It helps people to enter different levels of their "Being", which has a positive effect on all complaints and symptoms related to the brain.

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NEW SCIENTIFIC THOUGHTS ABOUT THE CAUSES OF DISEASE AND PAIN:

Nowadays many new insights and proofs in regard to the origination of disease are being published. Among others that particularly severe diseases like dementia, Alzheimer's, Parkinsonism, multiple sclerosis and others take a hold (are caused) through some grave incidences during childhood. That is connected to conflict resolution. We have tried early on and empirically to focus on this type of strain through the induction programs. Science has been validating this approach. Therefore another summary of protocols that we are still using today, and even in an increasing amount with our patients. We can confidently state that this might make sense in all individuals.

1. PROGRAM CHILDREN 1:

This program relates to those negative events in a person's life that took place before age 9. The rhythmicity that is induced through the program reaches those centers in the brain that are storing such information.

2. PROGRAM CHILDREN 2:

This program is particularly relevant for childhood trauma and conflict between the ages from 9 to 12.

3. PROGRAM CONFLICT:

All people are carrying conflicts within. The question is simply, why that is so. We believe that conditioning also enables us to learn and to take steps on our path through life by solving such conflicts. The induction therapy puts the brain into the range from 7.8 - 8.2 Hz. There, at the borderline between waking and sleeping, we have access to the subconscious areas of our life.

4. MEMORY:

Increase of intellectual abilities, stimulation of creativity, activation of long- and short-term memory. In combination with the Program Learning the capacity of the intellectual functions is particularly emphasized.

5. PSYCHE 1

Exhaustion, fatigue and malaise.

In the following paragraphs you find brief descriptions of all programs.

We are delighted to assist you with any questions regarding the possibilities of combining the programs.

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